



\$20 per person
(early bird price \$15 through January 1, 2013)

\$10 per person for groups of 12

Registration deadline: February 15, 2013

The fee also includes a box lunch and
an always useful water bottle.

To register: Download the printable
registration form from our website:
www.northshorechoral.org

Or use this form and mail to:

North Shore Choral Society
A Lifetime of Singing Workshop
P.O. Box 103
Evanston, IL 60204-0103



Check made payable to North Shore
Choral Society

My Age Category (please circle one):

High School Young Adult 34-54 55+

Name: _____

Address: _____

Telephone: _____

Email: _____

Choral organization(s) I belong to: _____

How I heard about this workshop: _____

A LIFETIME OF SINGING CONCERT

Sunday, March 3, 2013
Regina Dominican High School
3:00pm

Join us for *A Lifetime of Singing* concert the
following day. Tickets will be available
for purchase at the workshop.

The North Shore Choral Society, the North
Park University Chamber Singers, and the
Evanston Children's Choir combine for a choral
extravaganza celebrating singing for all ages.
The concert will feature Karen Brunssen, mezzo
soprano. The program contains a variety of
music, as well as a newly commissioned piece
composed by Anne Heider.

Founded in 1936, the North Shore Choral
Society is the oldest choral organization on the
North Shore. Comprised of 130 members,
this community chorus has given hundreds of
nonprofessional singers the opportunity to
perform a wide variety of music. The NSCS
presents three concerts each season and also
collaborates with the Evanston Symphony
Orchestra for their annual Christmas concert.

In addition to concerts, the NSCS partners
with The Musical Offering to bring choral
music presentations to Evanston school
students. The NSCS also provides professional
singing opportunities to emerging soloists
through the Donald Chen Young Artist Award.



A LIFETIME OF SINGING — HEALTHY SINGING AT EVERY AGE!

A workshop for all age groups
featuring Karen Brunssen,
Professor of Voice at
Northwestern University



Professor Brunssen will share decades of
experience and research on the voice as it
matures from birth through senior years.
Ms. Brunssen is engaging, frank, and full of
practical advice. This is a rare and valuable
opportunity to learn more about your voice
and celebrate singing throughout life.
Don't miss it!

KAREN BRUNSSSEN,

Mezzo Soprano, Associate Professor of Voice,
Bienen School of Music at
Northwestern University,
Co-Chair of Music Performance.

Ms. Brunssen's singing career has spanned
over 30 years including performances with
national and international orchestras and
opera companies.

Noted for her spirited and inspiring
presentations, Ms Brunssen is a frequent guest
clinician, master teacher, panelist, and adjudicator
for music schools and organizations including
the 2011 and 2012 National Association of
Teachers of Singing workshops in Milwaukee
and Memphis. She has participated in workshops
for the American Choral Directors Association,
the Classical Singer Conference
and Convention, the Association
of Teachers of Singing, Opera
America, the Illinois Choral
Directors' Association, the Iowa
Choral Directors' Association,
and Chorus America.



In 2008, 2009, and 2010, Ms. Brunssen was
invited to do a week-long teaching residency
at Cambridge University in England as a guest
of Clare College, where she gave voice lessons,
master classes, and workshops. She is a former
president of the Chicago Singing Teachers
Guild and a former president of the Chicago
Chapter National Association of Teachers of
Singing where she started the Annual Vocal
Competition that has grown to involve over
400 singers from the Chicagoland area.

Her recent article, "*The Evolving Voice: Profound at
Every Age*," appeared in the *ACDA Choral Journal*,
February, 2010, and included recorded examples
of singing from 3 months to 103 years of age,
highlighting the life-cycle of voices, professional
and amateur, through many years of singing.

EVENT DETAILS

Saturday, March 2, 2013
8:45am – 1:15pm
Regina Dominican High School
701 Locust Road, Wilmette, IL



SCHEDULE

- 8:45-9:15 – Registration, coffee and
doughnuts
- 9:15-10:45 – Presentation by Karen
Brunssen, followed by
a Q&A session
- 10:45-11:00 – Break
- 11:00-12:00 – Demonstration Sessions
- 12:00-1:00 – Lunch (Cafeteria)

Thank you for a great day!



PRESENTATION

by Karen Brunssen, Northwestern University
Prof. Brunssen will share her research on
"*The Evolving Voice: Profound at Every Age*".

This multi-media presentation will include
vocal science, sound clips, vocal pedagogy,
and personal anecdotes.

The chronological life of our singing voices
begins with the first cry as a newborn and
continues throughout our entire lives. At
every age, function is dependent on where
the body is within progressive and constant
changes. Exercising the singing voice regularly
increases the elasticity of the muscles of
breathing and the larynx.

The singer's instrument is the respiratory
system. It reflects emotions, hormones,
illnesses, medications, muscular training, youth,
and maturity. No two people have the same
vocal instrument and it changes constantly
throughout life.

- Karen Brunssen

"*The Evolving Voice: Profound at Every Age*."

DEMONSTRATION SESSIONS

Led by Karen Brunssen and Julia Davids

Put your new knowledge into practice in this
shared, interactive experience! Karen Brunssen
will lead groups of singers in vocal exercises
designed specifically for that group's general age
and development. She will also offer advice and
suggestions for how to develop and/or maintain
vocal health and will answer specific questions.

Julia Davids will teach each group a simple song,
applying the guidance of Ms. Brunssen. We will
conclude the workshop by all singing together.